



6TH INTERNATIONAL CONFERENCE
I COACH KIDS I
FRANKFURT AM MAIN
I COACH KIDS I

18-19 NOVEMBER 2022

PROGRAMME



DAY 1 – FRIDAY 18TH NOVEMBER 2022



SESSION #1 – PLENARY
MAIN CONFERENCE ROOM

CONFERENCE OPENING
 Sheelagh Quinn (Chair of ICCE ICK Global Movement Committee & Sport Ireland Coaching, IRE), Luca Wernert (German Sports Youth, GER), Philip Krämer (Member of German Parliament, Deputy Chairman of Sports Committee, GER)

13:00 – 14:35

KEYNOTE 1 – CHALLENGES AND [POSSIBLE] SOLUTIONS TO OPTIMIZING TALENT IDENTIFICATION AND DEVELOPMENT IN SPORT
 Professor Joe Baker (York University, CAN), Professor Kevin Till (Leeds Beckett University, UK)

KEYNOTE 2 – HOLISTIC SUPPORT IN TALENT DEVELOPMENT ENVIRONMENTS: POLICY, RESEARCH AND PRACTICE IN DUTCH TABLE TENNIS
 Dr. Irene Faber (Netherlands Table Tennis Association & Windesheim University of Applied Science, NED)

Q&A SESSION

LEARNING CHALLENGE
 Small Group Reflection Work

14:35 – 15:00 Coffee Break & Transition to Breakouts

15:00 – 16:15	SESSION #3 – BREAKOUTS	WORKSHOP #1 ARENA 1/2	WORKSHOP #2 SCHWIMMBAD	WORKSHOP #3 STADION	WORKSHOP #4 KRAFTRAUM	PRACTICAL #1 SPORT HALL	PRACTICAL #2 SPORT HALL	PRACTICAL #3 SPORT HALL
		EXPLORING AND EVALUATING YOUR TALENT IDENTIFICATION AND DEVELOPMENT PRACTICES	ENGAGING AND RETAINING GIRLS IN CAMOGIE	MODEL-BASED COACHING. UNDERSTANDING YOUR SPORT BEFORE CREATING A TALENT DEVELOPMENT CURRICULUM	HOLISTIC YOUTH DEVELOPMENT IN BAVARIAN CYCLING	DEVELOPING HIGH IQ FOOTBALLERS IN BELGIUM	DEVELOPING HIGH IQ BASKETBALL PLAYERS IN GERMANY	DEVELOPING MENTAL STRENGTH IN YOUNG ELITE SKIERS IN GERMANY
		Professor Joe Baker (CAN), Professor Kevin Till (UK)	Declan O’Leary (Sport Ireland, IRE)	Dr. David Piggott (Leeds Beckett University, UK)	Marco Gössman-Schmitt (Bavarian Cycling Federation, GER)	Kris Van Der Haegen (Royal Belgian FA, BEL)	Alan Ibrahimagic (GER), Marius Huth (GER)	Bettina Haueisen & Dr. Tom Kossak (German Ski Federation, GER)

16:15 – 16:45 Coffee Break & Transition to Plenary

SESSION #3 – PLENARY
MAIN CONFERENCE ROOM

16:45 – 17:30

KEYNOTE 3 – UNDERSTANDING YOUTH SPORT DROPOUT: FINDINGS FROM THE ICOACHKIDS MULTI-COUNTRY STUDY
 Professor Sergio Lara-Bercial (Leeds Beckett University, ICCE UK/ESP), Professor Nicolette Schipper van Veldhoven (NOC*NSF, NED)

LEARNING CHALLENGE
 Small Group Reflection Work

SESSION OVERVIEWS – DAY 1

SESSION 1 – PLENARY

KEYNOTE 1:

CHALLENGES AND [POSSIBLE] SOLUTIONS TO OPTIMIZING TALENT IDENTIFICATION AND DEVELOPMENT IN SPORT

PROFESSOR KEVIN TILL & PROFESSOR JOE BAKER

The modern-day landscape of Olympic and Professional sport is arguably more competitive than ever. One consequence of this is the increased focus on talent identification and talent development within youth sport. In this keynote presentation, we will overview the challenges associated with optimising talent identification and development in sport with a focus upon understanding ‘WHAT IS TALENT?’. This will lead to the solution that it may be more effective, and ethical, to apply appropriate and research informed practices to “As many as possible for as long as possible”



Kevin Till, PhD, ASCC, is a Professor of Athletic Development within the Carnegie School of Sport at Leeds Beckett University. Kevin is the co-director of the Carnegie Applied Rugby Research (CARR) centre. Kevin has published over 180 international scientific peer-review publications over the last decade related to youth athletes, talent identification and development, sport science and coaching. His research and applied work has led to policy and practice changes within youth sport. He is also a strength and conditioning coach at Leeds Rhinos RLFC within their academy programs.

Dr. Joe Baker is Professor and head of the Lifespan Performance Laboratory at York University, Canada. His research considers the varying influences on optimal human development, ranging from issues affecting athlete development and skill acquisition to barriers and facilitators of optimal aging. He works with high performance sports teams and organizations around the world in their quest for international success. His latest book is *The Tyranny of Talent: How it compels and limits athlete achievement... and why you should ignore it*. More info on his research can be found at <https://www.yorku.ca/professor/bakerj/> or on Twitter @bakerjyorku



KEYNOTE 2:

HOLISTIC SUPPORT IN TALENT DEVELOPMENT ENVIRONMENTS: POLICY, RESEARCH AND PRACTICE IN DUTCH TABLE TENNIS

DR. IRENE FABER

Supporting talent development in youth sports is challenging for all stakeholders involved. This presentation provides an example from practice how to use a holistic approach in talent identification and development in an early starting sport, table tennis. It will give more insight in the policies, the good things and struggles in practice, the individual pathways of players involved and the support of science.



Irene Faber is currently working at Windesheim University of Applied Sciences (The Netherlands) and at the University of Oldenburg (Germany). She received her PhD for her thesis ‘Diamonds in the rough — Searching for high potential in youth table tennis players’ in 2016. Her current research focuses on pedagogical sport climate and talent development with the aim to develop a more thrifty and sustainable talent approach in youth sports. Furthermore, she is an ambassador of evidence-based practice trying to build bridges between science and sport practice. In addition to her professional job, she is a table tennis trainer, vice-president of the Netherlands Table Tennis Association and part of the Sport Science and Medical Committee of the ITTF.

SESSION 2 – BREAKOUTS

WORKSHOP 1: EXPLORING AND EVALUATING YOUR TALENT IDENTIFICATION AND DEVELOPMENT PRACTICES PROFESSOR KEVIN TILL & PROFESSOR JOE BAKER

Following their keynote presentation, this workshop will provide an opportunity to consider, discuss and reflect upon the challenges and [possible] solutions to optimising talent identification and development practices within youth sport. This will focus around 3 main topics including 1) What are we looking for?; 2) What are the most effective ways to identify and develop talent?; and 3) Health considerations for talent identification and development. The workshop will aim to use current research alongside the audiences' practical experiences to discuss these issues. Following the workshop, it is hoped practitioners will be able to evaluate their current programmes and practices that help inform future programmes within youth sport.

WORKSHOP 2: MODEL-BASED COACHING. UNDERSTANDING YOUR SPORT BEFORE CREATING A TALENT DEVELOPMENT CURRICULUM DR. DAVID PIGGOTT

In this session, David will share his experiences of supporting coaches to create long-term developmental curricula. Over the last 10 years David and his colleagues have supported coaches from over 50 different sports working in a range of environments: from grassroots to senior professional and Olympic systems. The process David and his team have developed has three stages: 1) modelling your sport; 2) modelling target performance; and 3) creating curriculum. He will work through these steps in the sessions and use practical examples to bring the concepts and processes to life.



David has been at Leeds Beckett University for 10 years in various roles, now leading the MSc programme in Sport Coaching. He is mainly interested in coaching practice and pedagogy, and specifically in how we conceptualise sports to inform long-term planning and development. He is also an experienced basketball coach of 25 years, having coached at all levels in the UK, whilst also supporting the development of other coaches, both in basketball and football. In addition to these roles he also supports coaches and coach developers in English professional football, through FA and Premier League programmes.

WORKSHOP 3: ENGAGING AND RETAINING GIRLS IN CAMOGIE DECLAN O'LEARY

Sport Ireland Coaching collaborated with the Camogie Association and the Sport Ireland Research and Innovation to evaluate the Sport Ireland Coaching Teenage Girls in Sport workshop and resources. The research focused on the sport of Camogie and if the workshop could support Camogie in engaging and retaining girls in the sport. Women in Sport (UK) were contracted to conduct the research. This workshop will follow the course of the project, its organic nature with each phase informing the next one, and present the research outcomes. Attendees will be asked to draw parallels with their own sport. Attendees will be asked to share challenges and share ways in which they engage teenage girls and seek to retain them in their sports.



Declan has worked in coach education, supporting national governing bodies in implementing the Coaching Development Programme for Ireland and developing coach education awards. More recently he has worked in coach development, focusing on coaches at grassroots and how to systematically support them in their learning. This includes developing learning environments/culture, short learning inputs, reflecting on personal practice, engaging with mentoring and being part of communities of practice. He is the lead for Sport Ireland in disability sport and coaching people with disabilities. He is a co-founder of ICOACHKIDS.

WORKSHOP 4: HOLISTIC YOUTH DEVELOPMENT IN BAVARIAN CYCLING MARCO GÖSSMAN-SCHMITT

Marco Gößmann-Schmitt — national coach in Bavaria for talent identification and youth sports in cycling — explains latest approaches of Bavarian Cycling Association in promoting young people in sports through a holistic strategy that includes personal and team development and also new perspectives to stand for their own sport. This positive growth began with the ICOACHKIDS MOOCs and decisive changes in coach education that led to new pedagogical frameworks.



Marco is A licensed in track & field and cycling, former national coach Bavaria for sprint (t&f), an now student at coach academy Cologne for coach diploma, working in youth sports since 14 years, expert for pedagogical program at German Cycling Assoc. in coach education

**PRACTICAL 1:
DEVELOPING HIGH IQ FOOTBALLERS IN BELGIUM
KRIS VAN DER HAEGEN**

In this practical session, we try to create awareness about Intelligence in Football. What does "Football Intelligence" mean exactly and what are the components of football intelligence? How can we as coaches help the players to develop it? What does it mean to be a High IQ player? And how can we develop this player? If decision making is a key factor in intelligence (intelligent players make the best decisions in the game), what does it mean for our coaching sessions? How can we as coaches be prepared to modify our coaching style and to stimulate this game intelligence?



Kris is a former high school language teacher (22 years) who made a career switch 13 years ago by joining the football association. In his new job, he combined his 2 big passions: education and football. As Director of Coach Education he has an impact in Belgian football: his mission is to create the best possible training and learning environment for coaches and players. As a UEFA Jira panel member, he is responsible for quality control all over Europe to protect the quality of coaching in the future. As a founding member of ICOACHKIDS, he contributes to help all the coaches all over the world to become the best possible Children's coaches.

**PRACTICAL 2:
DEVELOPING HIGH IQ BASKETBALL PLAYERS IN GERMANY
ALAN IBRAHIMAGIC & MARIUS HUTH**

This session will demonstrate some practice ideas and small sides games for improving decision making in basketball.



Alan has been coaching at youth and senior level for almost 20 years. He has been a youth national team coach since 2013. Alan is also Assistant coach of the German senior national team.

Marius is full-time athletic director of the Berlin Basketball Association and responsible for development of sporting content structures. He is also responsible for the coordination of sporting developments in the association with members of the executive committee, member clubs and other institutions. He is the link for cooperation with state coaches, BBV office, executive committee, youth committee, referee committee and member clubs



**PRACTICAL 3:
DEVELOPING MENTAL STRENGTH IN YOUNG ELITE SKIERS IN GERMANY
BETTINA HAUEISEN & DR. TOM KOSSAK**

The workshop is about presenting the program "DSV Mental Stark!" and how to implement it in training using the different methods. The various methods of the project are intended to promote emotional and social competence, as well as self-competence in training. The personality development of the young athletes should be strengthened by the reference to the training and the implementation within the training, so that the young people can take the experiences for their further development in life.



Bettina has a Master of Science in Sports Science with Movement and Technology. Between May 2018 until October 2019 she was DSV youth officer and staff member non-Olympic competitive sports. Since November 2019 she has been DSV youth secretary. And since autumn 2018 she has been involved in development of the project "DSV Mental Stark!". 2020 saw the Publication of the method manual "DSV Mental Stark! – Fit in School, Sport and Life"

Tom Kossak is a sports psychologist and has worked for various top sports associations such as the German Ski Association and the German Ice Hockey Association for years. In addition, he works with musicians, doctors, and executives to develop their performance in a healthy way. Together with the German Ski Association, he developed a prevention program to promote the life skills of children in and through sport.



SESSION 3 – PLENARY

KEYNOTE 3:

UNDERSTANDING YOUTH SPORT DROPOUT: FINDINGS FROM THE ICOACHKIDS MULTI-COUNTRY STUDY

PROFESSOR SERGIO LARA-BERCIAL & PROFESSOR NICOLETTE SCHIPPER VAN VELDHOVEN

In this session, Sergio and Nicolette will offer an overview of the current picture of youth sport dropout globally and share the findings from an innovative multi-country research project in 6 European countries. This is the first study of its kind to consider dropout across multiple contexts and to take into consideration the impact of a variety of demographic characteristics which make dropout a multifactorial, individual, and emergent phenomenon. The presentation will conclude by providing some recommendations to minimise dropout and maximise participation.



Dr Sergio Lara-Bercial is a Professor of Sport Coaching at Leeds Beckett University in the UK and the Vice-President for Strategy and Development for the International Council for Coaching Excellence. He has published widely on a variety of sport-related topics including youth sport and coach development. Sergio is also the co-founder of ICOACHKIDS. Sergio is recognised globally and consults for multiple high-level organisations such as Nike, UEFA and FIBA. He is also a former international basketball coach for Great Britain and has coached national league for over 25 years winning 18 National Titles with both male and female teams.



Nicolette is professor of Sports Pedagogy at Windesheim University of Applied Sciences and also professor of Sports Risks & Safety at University of Twente. She has a Bachelor's degree in Physical Education, a PhD in Child Psychology and a PhD in Social Sciences. She was a PE teacher at various secondary schools, assistant professor at Utrecht University, advisor at Ernst & Young and held various positions within NOC*NSF, where she is currently strategic advisor for youth sports. She is currently involved in different research project to increase sport participation among youngsters. She is also a co-founder of ICOACHKIDS.

CITY TOUR AND DINNER INVITATION

At the end of the first day, a city tour awaits, during which you will get to know the most beautiful corners of Frankfurt. You will soon discover that Frankfurt has many other beautiful sights to offer in addition to its impressive skyline.

Of course, we also want to introduce you to the culinary specialities of the city, which is why we will end the evening in a traditional restaurant in the heart of the city with typical German food and drinks.



18-19 NOVEMBER 2022

Conference Organising Committee

DAY 2 – SATURDAY 19TH NOVEMBER 2022



9:00 – 10:30

SESSION #4 – PLENARY
MAIN CONFERENCE ROOM

WELCOME TO DAY 2

KEYNOTE 4 – TALENT IDENTIFICATION AND DEVELOPMENT ON THE GROUND
Dr. Antje Hoffman (Institute for Applied Training Science, Head of Department for Junior Elite Sports, GER)

KEYNOTE 5 – SHAKING UP GERMAN YOUTH FOOTBALL TO INCREASE RETENTION
Damir Dugandzic (DFB, GER)

Q&A SESSION

LEARNING CHALLENGE
Small Group Reflection Work

10:30 – 11:00 Coffee Break & Transition to Breakouts

11:00 – 12:15	SESSION #5 – BREAKOUTS	WORKSHOP #1 ARENA 1/2	WORKSHOP #2 SCHWIMMBAD	WORKSHOP #3 STADION	WORKSHOP #4 KRAFTRAUM	PRACTICAL #1 SPORT HALL	PRACTICAL #2 SPORT HALL	PRACTICAL #3 SPORT HALL
		SAFEGUARDING CHILDREN IN SPORT: THE ROLE OF THE COACH <i>Anna Kavoura (University of Thessaly, GRE)</i>	TALENT DEVELOPMENT IN ACTION WORKSHOP PANEL OF GERMAN EXPERTS <i>Dr. Antje Hoffman, Marius Huth, Christian Steinberg, Jürgen Maaßman, Tim Brentjes (GER)</i>	GIVING YOUNG PEOPLE A VOICE IN SPORT IN IRELAND <i>Michael Collins (Sport Ireland Ethics Unit, IRE)</i>	SUPPORTING HOLISTIC DEVELOPMENT FOR FEMALE ATHLETES IN THE TALENT PATHWAY <i>Verena Hommer (Cheerleading Team Coach, GER)</i>	KINDER BEWEGEN UND BEGEISTERN, UM SIE DAMIT ZU BILDEN UND ZU BINDEN (Session in German) <i>Dominic Ullrich (German Athletics Association and Elite Sport School, GER)</i>	HELPING CHILDREN AND YOUNG PEOPLE WITH AN INTELLECTUAL DISABILITY FALL IN LOVE WITH SPORT <i>Jenny Wolf, Maren Weid (Special Olympics, GER)</i>	HELPING CHILDREN AND YOUNG PEOPLE FALL IN LOVE WITH GAELIC GAMES <i>Ger O'Connor (Dublin Gaelic Athletic Association, IRE)</i>

12:15 – 12:45 Lunch & Transition to Plenary

12:45 – 14:00

SESSION #6 – PLENARY
MAIN CONFERENCE ROOM

KEYNOTE 6 – DISABILITY YOUTH SPORT: CHALLENGES AND OPPORTUNITIES
Declan O’Leary (Sport Ireland, IRE), Jon-Paul St. Germain (Special Olympics, USA)

KEYNOTE 7 – GIRLS IN SPORT: KEY STRATEGIES TO ENGAGE AND SUPPORT WOMEN AND GIRLS IN SPORT
Mariette Brethouwer (Nike, NED), Professor Nicole LaVoi (Tucker Center, USA)

Q&A SESSION

INTRODUCING ICOACHGIRLS

CLOSING REMARKS

SESSION OVERVIEWS – DAY 2

SESSION 4 – PLENARY

KEYNOTE 4:

TALENT IDENTIFICATION AND DEVELOPMENT ON THE GROUND

DR. ANTJE HOFFMAN

How is talent ID and development organised in Germany? Why do we deal with the topic talent at the IAT and what is our understanding of the term? Do we need to know the characteristics of sports and disciplines? What is this knowledge good for? What are our ideas and approaches to support national and regional federations in talent ID and development on the ground? What does our work look like? Why and how do we promote the development of performance prerequisites and their diagnostics? Do we have to integrate general tests to foster basic movement skills? And what are our lessons learned within our work?



Antje is Head of Department Junior Elite Sports at IAT since 2009. She studied sport science and did her PhD in sport psychology and is a former coach and player in basketball. In her department, they support national sport federations in developing, implementing and evaluating solutions for talent identification and development. They also evaluate the promotion system (or sub-systems) for junior elite sports, one topic within this field is the analysis of careers and pathways of successful athletes as well as of dropout.

KEYNOTE 5:

SHAKING UP GERMAN YOUTH FOOTBALL TO INCREASE RETENTION

DAMIR DUGANDZIC

What do kids want? How can we combine fun, curiosity, self-efficacy and a lifelong contribution to sports and football? What has to be changed in German Youth football to achieve these aims based on a new perspective: looking through the children's eyes?

The German FA (DFB) announced in March 2022 a turn towards small-sided games particularly with new formats concerning the U7 – U11 playing groups. The increase of participation, fun and touches of the ball on the one hand and reducing over-coaching, drop-out numbers and heading should be the outcome. But changes and their effects take time especially when a cultural shift has to set in.



Since 2018, Damir Dugandzic has been Technical Head of the Talent Development Programme of DFB (German FA). Prior to then he was Regional coordinator of the TDP between 2007 and 2018, and Research Assistant at the University of Konstanz between 2004–2007. He has an MA in Sports Science, a UEFA Pro Licence, and during the past 20 years has been Head and Assistant coach to several regional and national representative youth teams.

SESSION 5 – BREAKOUTS

WORKSHOP 1: SAFEGUARDING CHILDREN IN SPORT: THE ROLE OF THE COACH ANNA KAVOURA

This workshop will focus on helping coaches understand the main ideas as to what safeguarding kids in sport is (i.e., typologies of child abuse, incidence, and perpetrators, what coaches can do to safeguard kids, what coaches can do to safeguard themselves).



Dr Anna Kavoura is a sport psychology consultant and an interdisciplinary researcher, interested in issues around gender, sexuality, culture, and identity in sport. She seeks to identify and promote practices which create more inclusive, ethical and safe sport cultures. She has worked as a postdoctoral researcher in various anti-discrimination research projects at the University of Jyväskylä and the University of Brighton. Currently, she is involved at the CICEE-T project (University of Thessaly), which aims at developing culturally informed coach education online material for safe sport for 6 EU Mediterranean countries. In addition, to her academic pursuits, Anna is a martial arts enthusiast and a Brazilian Jiu Jitsu black belt and coach.

WORKSHOP 2: GIVING YOUNG PEOPLE A VOICE IN SPORT IN IRELAND MICHAEL COLLINS

The aim of the Young Voices Project is to provide personnel across a range of sporting organisations with the skills they need to deliver workshops using the Sport Ireland 'Young Voices in Sport: Toolkit for Involving Young Members in Decision-Making' to sports clubs/organisations in their own local area. The purpose of the Young Voices in Sport Toolkit is to provide volunteers and staff in sporting organisations with a concise suite of clear and easy to follow materials that set out how best to involve young members in decision-making at every level from grassroots through to national level.

The Young Voices in Sport Toolkit was developed using the Lundy Model of Participation. This Model was also used to develop the National Framework for Children and Young People's Participation in Decision Making.



Michael started his sporting career by enrolling in an undergraduate B.Sc Sport and Leisure Management in Technological University of Dublin. From there he transitioned into working for a National Governing Body in Triathlon Ireland, where he became part of the Safeguarding, Coach Education Team, as well as the National Anti-Doping Officer. He also has a Diploma in Sports Law from the Law Society of Ireland and a Digital Transformation Diploma from University College Dublin. He has since taken up a Safeguarding role in Sport Ireland's Ethics Unit to which he is the project lead for Sport Ireland's Young Voices in Sport Toolkit.

WORKSHOP 3: TALENT DEVELOPMENT IN ACTION WORKSHOP: PANEL OF GERMAN EXPERTS DR. ANTJE HOFFMAN, MARIUS HUTH, CHRISTIAN STEINBERG, JÜRGEN MAASSMANN & TIM BRENTJES

How is talent ID and development organised in Germany? Why do we deal with the topic talent at the IAT and what is our understanding of the term? Do we need to know the characteristics of sports and disciplines? What is this knowledge good for? What are our ideas and approaches to support national and regional federations in „talent ID and development on the ground“? How does our work look like? Why and how do we promote the development of performance prerequisites and their diagnostics? Do we have to integrate general tests to foster basic movement skills? And what are our lessons learned within our work? These questions will be addressed and discussed within the talk.



Marius is full-time athletic director of the Berlin Basketball Association and responsible for development of sporting content structures. He is also responsible for the coordination of sporting developments in the association with members of the executive committee, member clubs and other institutions. He is the link for cooperation with state coaches, BBV office, executive committee, youth committee, referee committee and member clubs

Christian was responsible for the Minitrainer Offensive for the easyCredit Basketball Bundesliga between 2015 and 2019. Also he was responsible for national youth certification for the easyCredit Basketball Bundesliga during the same time period. Since 2020, Christian has been a senior consultant at the Institut für Spielanalyse for structural development in high performance sport organizations.



Jürgen was professional basketball player for 15 years, and completed his studies in sports science and pedagogy. Since 2004, he has been head of a children's sports school with a focus on child-oriented and cross-sport movement promotion. He is the co-author of the mini-guide and co-developer of the mini-trainer certificate course and part of the expert team of the Mini-Trainer-Offensive. He has been working as a sports therapist and athletic trainer for 15 years, certified OS coach, focus on age-appropriate, functional training in children and adolescents.

Tim has been Manager in the federation since 2008, a C-level coach, B-certificate for sport with kids under 7, Heidelberg ball school and Easybasket coach, certified counselor for volunteering in sports, participant of the first FIBA Europe Minibasketball Coaching Course (FEMBCC) He is co-founder and manager of German Minibasketball education and development campaign, manager of ERASMUS+ Sport project "Easybasket in Europe" for the German federation, member of the expert group on kids sport in the dsj, speaker at DBB, FIBA and dsj,



**WORKSHOP 4:
SUPPORTING HOLISTIC DEVELOPMENT FOR FEMALE ATHLETES IN THE TALENT PATHWAY
VERENA HOMMER**

An insight into Verena's consideration of athletic training and the resulting life path from successful athlete to trainer and people, whose focus is not on short-term performance, but the holistic view of "sporting" training and the resulting skills/possibilities lies. Verena would like to encourage rethinking, give ideas and report on her own experiences using cheersport as an example.



Verena is a former artistic gymnast 1st and 2nd Bundesliga (1996–2006), Active Cheersport Athlete (2006–2016) and Cheersport Coach (since 2012). She has been a National Team Member for Cheersport (2009–2016) and is currently a National coach in cheersport Cheersport (2017– present)

**PRACTICAL 1:
KINDER BEWEGEN UND BEGEISTERN, UM SIE DAMIT ZU BILDEN UND ZU BINDEN (Session in German)
DOMINIC ULLRICH**

Praxisdemonstration mit einer Trainingsgruppe (Alter 11–13) der Eliteschule des Sports Frankfurt am Main. Aufbau der Kooperations- und Teamfähigkeit in leichtathletischen Spiel-, Übungs- und Wettbewerbsformen in den Disziplinbereichen Lauf, Sprung und Wurf.

Presentation of the contents and objectives of the training stages of the DLV framework training plans from children's athletics to advanced training with a special focus on talent discovery and talent promotion in athletics.

Practical examples of age- and development-appropriate training by exploiting the motives of children and adolescents, taking into account motor and psychosocial development.



Dominic Ullrich is Vice President Youth German Athletics Association and responsible for the development, further development and implementation of the DLV competition system "Kinderleichtathletik" (Kids Athletics) He is a Coach and competitive sports coordinator at Carl-von-Weinberg-Schule (Elite School of Sports in Frankfurt a.M.) and a Member of the DOSB Education Commission. He is a project Advisor on the DOSB-Project "TrainerIn Sportdeutschland" and a representative of the central associations of the German School Sports Foundation.

**PRACTICAL 2:
HELPING CHILDREN AND YOUNG PEOPLE WITH AN INTELLECTUAL DISABILITY FALL IN LOVE WITH SPORT
JENNY WOLF & MAREN WEID**

This session gives a theoretical and practical insight into the Special Olympics Young Athlete Program. We will talk about what is necessary to include not only children with ID but all people with different abilities and needs into a sports program.

Small games will be used to show how to adapt coaches' behavior, rules, material, and other factors to meaningful involve everybody into an activity.

Different approaches on how to provide a competitive environment that gives every participant the chance for an individual success story will be discussed and tested out during this workshop.



Jenny is a 4x time Olympian as a long track speedskater, with a strong background in coaching and developing youth athletes. Since 2021, Jennu has been responsible for coaches education and science programs at Special Olympics Germany; Educating Coaches in working with people with ID and coordinating sports specific coaches education for people coaching in Special Olympics. Advocating athletes participation in decision making.

Maren Weid graduated from the Humboldt University in Berlin with a degree in sports science. Since 1 September, she has been working for Special Olympics Germany as an administrator for the promotion of young talent and young athletes, with a major focus on school sports



**PRACTICAL 3:
HELPING CHILDREN AND YOUNG PEOPLE FALL IN LOVE WITH GAELIC GAMES
GER O'CONNOR**

This is a practical workshop showcasing the Gaelic Athletic Associations (GAA) two main field sports (Gaelic Games Football & Hurling). Ger will present how the core skills; pedagogical principles and content approaches of these games can be transferrable to most team sports. This fully interactive workshop invites coaches to play an active role in the session through coach observation and fun tasks.

Gerard O Connor has been involved in sports development with the Gaelic Athletic Association (GAA) for over 25 years and is the Director of Coaching & Club Development with Dublin GAA. In the past decade, Gerard has gained a reputation as one of the GAA's foremost Coach Developers and he plays a leading role in the development and delivery of the GAA Coach Education programme at National level. He has also conducted research into the transfer of learning for beginner coaches and coach behaviour during half time team talks in youth sport. Gerard remains active as a coach of child, youth, and adult within his sports of Gaelic Football & Hurling. Gerard is the author and contributor to a series of articles and books his most recent publication is 2nd edition "Give us a Game"



SESSION 6 – PLENARY

KEYNOTE 6:

DISABILITY YOUTH SPORT: CHALLENGES AND OPPORTUNITIES

DECLAN O'LEARY & JON-PAUL ST. GERMAIN

It's clear – everybody can benefit from being active. Our job in youth sport is to both provide opportunities and encourage involvement. In relation to the participation of young people, the involvement of those with disabilities in sport lags behind the curve of the general population. The ICOACHKIDS Global Movement calls for each child and teenager to 'develop a love for sport' (Pledge Principle 5). This includes children and teenagers with disabilities. In this presentation, we will examine the barriers those with disabilities face (personal and in the local environment). We will then look at realistic, practical supports that can be used to address the barriers. While everyone can support the inclusion process, the role of the coach can be pivotal in both providing a positive movement experience and in encouraging the development of a sense of belonging in the individual.



In his current role as Vice President of Sport Development for Special Olympics International, Jon-Paul is responsible for overseeing Special Olympics sport development globally. This work includes advancement of Special Olympics coaching framework, the development of partnerships with international sport federations and the global expansion of the inclusive Special Olympics Unified Sports® program. The Special Olympics Unified Sports program brings together people with & without intellectual disabilities as team-mates & competitors on the court —paving the way for social inclusion on and off the field of play.

Declan has worked in coach education, supporting national governing bodies in implementing the Coaching Development Programme for Ireland and developing coach education awards. More recently he has worked in coach development, focusing on coaches at grassroots and how to systematically support them in their learning. This includes developing learning environments/culture, short learning inputs, reflecting on personal practice, engaging with mentoring and being part of communities of practice. He is the lead for Sport Ireland in disability sport and coaching people with disabilities. He is a co-founder of ICOACHKIDS.



KEYNOTE 7:

GIRLS IN SPORT: KEY STRATEGIES TO ENGAGE AND SUPPORT WOMEN AND GIRLS IN SPORT

MARIETTE BRETHOUWER & PROFESSOR NICOLE LAVOI

Nike is expanding on its commitment to girls and play through its strategic partnership with the Tucker Center for Research on Girls & Women in Sport at the University of Minnesota, a preeminent interdisciplinary research center leading a global effort to accelerate change for girls and women in sport. Together, Nike and the Tucker Center have created an industry-first coaching tool called "Coaching HER," designed specifically to keep 11–17 year-old girls from dropping out of sport during puberty, a critical age range which sees the highest drop-off of sport participation. Coaching HER is an online tool available to anyone including experienced and first-time coaches and it focuses on the importance of sport for girls and the actions coaches can take to set girls up for success.



Mariette has spent the last 13 years in both international non-profit and corporate roles driving social impact. She joined Nike's Social & Community Impact team in 2016 to grow the EMEA partnerships portfolio and is currently the Director for Made to Play, Nike's commitment to getting kids active. Within the EMEA team, she is responsible for the Girls strategy to increase participation and visibility of all girls* on and off the pitch. She is a member of the Women of EMEA network and proudly calls herself an intersectional feminist.

Nicole M. LaVoi, Ph.D. is a Senior Lecturer in the area of social and behavioral sciences in the School of Kinesiology at the University of Minnesota and Director of the Tucker Center for Research on Girls & Women in Sport. Through multidisciplinary research she answers critical questions that can make a difference in the lives of sport stakeholders—particularly girls and women. As a leading scholar on gender, leadership and women coaches, she has published 100+ book chapters, research reports and articles across multiple disciplines. As a public scholar she hosts a podcast, consults, speaks frequently around the world, provides thought leadership, and serves on numerous mission-driven advisory boards related to girls and women in sport.



On behalf of the ICOACHKIDS Global Movement Committee, I would like to thank all those who have contributed to our 6th ICK International Conference "Youth Sport: As many as possible for as long as possible".

We would like to thank our amazing line-up of international presenters for sharing with us their expertise, experience, enthusiasm and positive approach to youth sport and for giving up their time to join us in Frankfurt.

Finally, thank you for your attendance. It has been a pleasure to welcome you into the ICOACHKIDS Family. Together, we can be champions of sport policy, education and practice that PUTS KIDS FIRST. In doing this, we can continue to support coaches to ensure that every child has access to positive sport experiences that foster a love for sport and physical activity.

Sheelagh Quinn

Chair, ICCE ICOACHKIDS Global Movement Committee

6TH INTERNATIONAL CONFERENCE
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18-19 NOVEMBER 2022



Co-funded by the
Erasmus+ Programme
of the European Union